



Maryland SHIP Health Action Newsletter

Friday, January 10, 2020



Webinar: Rural Disparities in Health and Healthcare by Race and Ethnicity

Thursday, Jan. 23

Rural Health Research Center will present new research on racial and ethnic disparities in health and healthcare among rural residents. Results will include a variety of differences in county-level data by race and ethnicity.

The webinar is free, no registration is required, but participation is limited to the first 200 people who log-on that day. If the webinar reaches capacity, there will be access to an archived recording on the website.

For more information about this webinar, [click here](#).

Webinar: Promoting Alcohol Use Disorder Treatment in Primary Care

Thursday, Jan. 23

The Mid-Atlantic Association of Community Health Centers will host "*Promoting Alcohol Use Disorder Treatment in Primary Care* webinar." This webinar will discuss the prevalence and consequences of alcohol use disorder (AUD).

Alcohol screening as standard care will be reviewed. The Food and Drug Administration approved medications for AUD will be discussed. Participants will examine the workflow within their setting related to alcohol screening, assessment, diagnosis, treatment, and recovery supports.



For more information about this webinar and to register, [click here](#).

Webinar: State of Obesity 2019 - Better Policies for a Healthier America



Wednesday, Jan. 29

Join the Trust for America's Health (TFAH) as public leaders discuss the national obesity crisis, its health impacts, and how advocates are working at the national and local levels to address this ongoing epidemic.

The webinar explores findings of TFAH's 2019 State of Obesity report. To view the report, [click here](#).

Speakers will cover the latest national and state obesity rates and trends, highlight promising approaches localities have undertaken to ensure healthy communities, and offer national policy recommendations that incorporate innovative approaches that prioritize helping all Americans lead healthier lives.

For more information and to register, [click here](#).

Workshop: Nutrition During Pregnancy and Lactation - Exploring New Evidence

Wednesday, Jan. 29 - Thursday, Jan. 30

The National Academies of Sciences, Engineering, and Medicine will host a two-day workshop on Jan. 29-30 to explore the current state of the science on nutrients, dietary patterns, nutritional supplements, and other nutrition-based topics relevant to pregnancy and lactation. The workshop topics will include discussion of equity in access to nutritional care for women of childbearing age.



Register to join in person or via webcast. This is a free event.

For more information and to register, [click here](#).

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